



The Perfect Grape

is a powerful whole food supplement, made from the Seed, Skin and Pulp of Muscadine Grapes.

With its high levels of Resveratrol and other antioxidants, The Perfect Grape has been shown to help promote superior health by fighting against the effects of Free Radicals.

The benefits of using the whole Muscadine Grape in relation to heart disease, cholesterol, pre-diabetes, diabetes, metabolic syndrome, cancer, inflammation, arthritis, gastrointestinal health and longevity is amazing.

The Perfect Grape is Exclusive to the Whole Wellness Club and is the first product in our “Natures Force” Supplement line. The Perfect Grape is the highest quality Whole Muscadine Grape Supplement on the market.

We hope you take the time to learn all you can about Muscadine Grapes and the importance of antioxidant protection in promoting a strong immune system.

What’s so special about Muscadine Grapes?

Muscadine grapes are known as *Vitis Rotundifolia* grapes, which are native to the Southeastern United States. Unlike common grapes, which cannot survive the harsh climate of the southeastern US without the aid of chemical pesticide spray, Muscadine grapes naturally grow and thrive in the hot, humid and disease prone climate. Muscadine grapes differ from other varieties of grapes in a number of ways.



The most noticeable difference is the skin of the muscadine grapes. The skin is much thicker which gives the muscadine grapes a natural resistance to diseases, fungi and insects.

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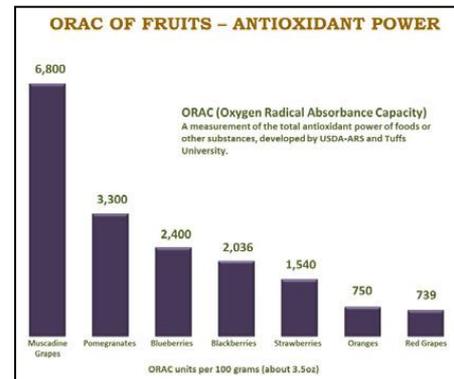




Most of the antioxidant power of the muscadine grapes is also found in the skin and seeds. The skin of the grapes is so thick, that 40% of the weight of the grapes comes from the skin itself.

Muscadine grapes also have an extra set of chromosomes; they contain 20, where common grapes have only 19. This unique structure is responsible for the abundant phytonutrients, especially Ellagic Acid, not found in other grapes and very high levels of Resveratrol. The phytonutrients in the Muscadine grape are well known for anti-cancer, anti-inflammatory, and anti-aging effects.

The muscadine grape has significantly more antioxidant power than other grapes. Research shows that muscadines have been measured as high as 6,800 per 100 grams, compared to 739 per 100 grams for any other grape. The muscadine grapes have over twice the antioxidant power as blueberries, based on the USDA and Tufts University's Oxygen Radical Absorbance Capacity (ORAC) standard measurement



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Health Benefits of Muscadine Grapes?

The Muscadine Grape is an excellent source of dietary fiber, low in fat and sodium, and is an excellent source of potassium and other essential minerals. Muscadines get 90% of their nutritional value from the skin and seeds. Their thick skins give them a natural resistance to disease, bacteria, mold and insects.



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- Resveratrol
- Piceatannol
- Ellagic acid
- Catechin
- Elpicatechin
- Quercetin
- Myricetin
- Pterostilbene
- Gallic Acid
- Pectin
- Kaempferol
- Vitamin C
- Caffeic Acid
- Anthocyanidins
- OPCs Oligomeric Procyanidins

Antioxidants are vital to us because they rid the body of free radicals that damage our cells. Free radicals can be caused by tobacco smoke, pollutants, solvents, pesticides, and exposure to radiation. The science and medical communities are very interested in free radicals because there is strong evidence relating them to aging and disease processes. These include cancer, atherosclerosis, a weakened immune system, brain dysfunction, cataracts, birth defects, rheumatoid arthritis, Crohn's disease and ulcerative colitis.

Resveratrol

Resveratrol is a substance produced by several plants that have been studied for its health benefits, particularly in recent months. It first came to the attention of the scientific community as the possible explanation for the "French Paradox" - the relatively low incidences of heart disease despite a high dietary intake of saturated fats in a study conducted in Southern France.

Resveratrol is a naturally occurring phenolic compound present in many fruits, vegetables and wine. Resveratrol is different from almost all antioxidants because it can cross the blood brain barrier to help protect brain cells.

Resveratrol is a very potent antioxidant, it is known as Phytoalexin, which is produced by plants to fight the bacterial and fungal infections of the plant.

Studies have shown that Resveratrol may:

- Help Promote Longevity
- Help Maintain Healthy Blood Sugar Levels
- Boost Immune System
- Reduce Signs of Aging
- Boost Energy Levels and Endurance
- Promote Healthy Sleep

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Ellagic Acid

Muscadine is the only grape that contains Ellagic Acid. Ellagic acid is a Phytochemical, or plant chemical, with high antioxidant properties.

Studies have shown that Ellagic Acid may:

- Have potent anti-oxidant, anti-cancer, and anti-mutagen properties.
- Slow the growth of tumors of the skin, breast, esophagus, colon, prostate, pancreas and other tumors caused by carcinogens.
- Help to break down or remove some cancer-causing substances from the blood.
- Have promise for menopausal women as an effective alternative to hormone replacement therapy because it may be able to regulate levels of estrogen.
- Provide anti-inflammatory and anti-allergic effects.

Quercetin

Muscadine grape also contains Quercetin, which is an abundant Flavonoid and has very high antioxidant properties.

Studies have shown that Quercetin may:

- Help to lower the risk of cancer of the prostate, ovaries and breast.
- Improve lung function, which may lower risk of certain respiratory diseases such as bronchitis and asthma.
- Provide significant anti-inflammatory and anti-allergic effects (acts like an antihistamine).
- Help to combat free radicals, which can damage cells.
- Help in cardiovascular protection by reducing oxidation of LDL cholesterol.

Proanthocyanidins

Muscadine grapes also contains Proanthocyanidins, which is also a type of Flavonoid and has very high antioxidant properties.

Studies have shown that Proanthocyanidins may:

- Provide anti-cancer, anti-tumor, anti-allergen properties and may improve heart health.
- Possess chemotherapeutic activity against breast cancer.
- Help protect against the effects of internal and environmental stresses such as cigarette smoking and pollution.
- Help in cardiovascular protection by reducing oxidation of LDL cholesterol.

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Free Radicals

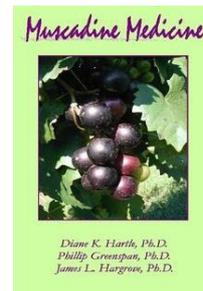
The U.S. National Institute of Health has determined that one of the primary causes of deteriorating health as we age is the relentless attack from free-radicals. It has then estimated that each cell in our body is attacked by free-radicals 10,000 times a day. Your body makes special enzymes to seek out and neutralize free-radicals. Unfortunately, the older you get the fewer of these enzymes your body produces. Another way to battle free-radicals is to eat plants high in antioxidants. Antioxidants are used by the body to neutralize free-radicals and thus reduce the amount of damage our body suffers as we age.

Aging can cause us to develop wrinkles and sagging skin which leads to the deterioration of our looks. Not only can this deplete our confidence, but physically we can feel a change in energy. Free radicals damage the collagen in our skin and capillaries. They block the nutrients that get to the skin. You may not know that collagen also makes up organs and tissues in our body, so free radicals not only affect the elasticity of our skin, but also the structure of our organs. The Muscadine grape can help slow down this oxidative damage. Scientific research has shown that there are over 60 known diseases and conditions that are linked directly to these Free Radicals. Some of these diseases and conditions include:

- Osteoporosis
- Parkinson's Disease
- DNA Cell Mutation
- High Blood Pressure
- Heart Disease
- Schizophrenia
- Cardiovascular Disease
- Cataracts
- Crohn's Disease
- Alzheimer's Disease
- Allergies
- Rheumatoid Arthritis
- Cancer
- Diabetes
- Brain Dysfunction

For access to research studies on muscadine grapes, antioxidants, resveratrol and other phytonutrients, go to www.PubMed.com. Type in any of these keywords with the word antioxidant to find scientific studies that have been conducted all over the world.

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If you'd like to learn more about the health benefits of ellagic acid and other polyphenols in muscadine grapes. We recommend a book called Muscadine Medicine by Drs. Diane K. Hartle, Phillip Greenspan and James L. Hargrove of the University of Georgia



Give The Perfect Grape at Try!

Our Supplier is the largest supplier of Muscadine Grape seed in the world, processing over 500 tons of grapes per year. When they heard that university researchers discovered that Muscadine Grape pulp and skin actually contained more natural healing compounds than are found in just the seeds, it made perfect sense to investigate producing high quality whole grape supplements. They began working with researchers at the University of North Carolina to create the best method to process the whole grape and produce a superior whole food supplement. The result...**The Perfect Grape!**

Ingredients: The Perfect Grape is made of 100% pure dried and ground Muscadine Grape skin, seed and pulp, which is then encapsulated in an organic vegetable capsule. The Perfect Grape is naturally organic and does Not contain fillers , flowing agents, artificial colors or additives. Each bottle contains 60 (650mg) capsules.

The recommended daily allowance is 2 capsules. If you really want to boost your antioxidant power, try 4 or 6 capsules.

The Perfect Grape is...

- Packed with Antioxidants
- High in Fiber
- Improves Memory
- Improves Heart Health
- Helps Prevent Disease
- Reduces Inflammation



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